

## PRE-OPERATIVE INSTRUCTIONS

**IF YOU FAIL TO FOLLOW THESE INSTRUCTIONS, A POTENTIALLY DANGEROUS SITUATION COULD ARISE AND MAY LEAD TO THE CANCELLATION OF YOUR PROCEDURE.**

1. A PARENT MUST STAY AT THE CENTER AT ALL TIMES WHILE THE CHILD IS BEING CARED FOR.
2. **ABSOLUTELY NO FOOD OR WATER AFTER MIDNIGHT THE NIGHT BEFORE SURGERY.**
3. **You may brush your child's teeth, but DO NOT allow them to swallow any liquid. If you think they will swallow water, do not brush their teeth.**
4. Leave all jewelry (including all piercings) and valuables at home: The center is unable to store them. **THE CENTER WILL NOT BE RESPONSIBLE FOR LOST OR STOLEN ITEMS.**
5. Be aware that if your child's condition requires additional care, arrangements will be made to transfer you to a local hospital.
6. Items to bring the day of surgery:
  - a. Your child's medical insurance cards
  - b. Your picture ID
  - c. If your child is a foster child, you will need to provide documentation of this upon arrival at the center. This would include any court paperwork issued to you. Consents will need to be signed before date of procedure by the individual who is legally authorized to do so.
  - d. A toy, doll, lovey or blanket that makes your child feel secure in their surroundings
  - e. A book or laptop for yourself while your child is in surgery since it is a state requirement that one parent stay on-site at all times while the child is in the facility.
  - f. A small snack for yourself since you cannot leave the facility once your child is taken to the operating room. Coffee, water, juice or soda is available at the center for you.
  - g. Change of clothing and underwear should your child have an accident during anesthesia
  - h. PLEASE REMEMBER - make all arrangements possible to keep any other children at home during the time your child needs to have her procedure. It is often difficult for other children to sit in one place.
  - i. PLEASE REMEMBER - DO NOT make any other appointments the day of your child's procedure, as it takes an average of 3-4 hours to go from admission to discharge.